

Volunteer Role Description: Social Champion The Cranborne Practice Legs Heal Together Club



The Purpose of the Role

The **Legs Heal Together Club** is based on a social model of care. Our mission is to provide high-quality lower-limb clinical treatment in a non-clinical, community environment.

As a **Volunteer Social Champion**, your role is to bridge the gap between clinic and community. You are the heartbeat of the club, ensuring that every person who walks through the door feels like a guest, not a patient. By facilitating conversation and providing refreshments, you help us combat the social isolation often associated with long-term leg conditions.

Key Responsibilities

- **A Warm Welcome:** Greet members as they arrive, help them with coats or bags, and introduce them to others to foster a sense of belonging.
- **The "Cuppa" Connection:** Prepare and serve tea, coffee, and biscuits. (A small gesture that makes a huge difference in making people feel at home!)
- **Social Facilitation:** Sit and chat with members while they wait for treatment or after they have been seen. You'll help "break the ice" between members to encourage peer support.
- **Environment Setup:** Help set up tables and chairs before the session starts and ensure the social area is tidy and welcoming throughout.
- **Signposting:** Where appropriate, share information about other local community events or services (training/info provided).

What We're Looking For

- **Friendly & Approachable:** You genuinely enjoy meeting new people and have a knack for making others feel at ease.
- **Great Listeners:** Many of our members may live alone; having someone to listen to them is often as important as their clinical treatment.

- **Team Players:** You are happy to "muck in" where needed, whether it's washing up a mug or helping someone find a seat.
 - **Reliability:** Our members look forward to these sessions, so a consistent presence is highly valued.
 - **Empathy:** An understanding of the challenges faced by older adults or those with mobility issues.
 - **Commitment:** 2 – 3 hours per weekly clinic on a rota.
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What You'll Get Out of It

- **Social Connection:** You'll become a key part of a vibrant, friendly local team.
 - **Meaningful Impact:** You will see firsthand how your presence helps people regain their confidence and happiness.
 - **Support & Training:** You'll receive an induction from The Cranborne Practice and ongoing support from the clinical team.
 - **Skills:** Great for those looking to gain experience in community health, social care, or the voluntary sector.
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Important Note (The Fine Print)

Non-Clinical Boundaries: This is a purely social role. Social Champions **must not** provide any medical advice, assist with clinical dressings, or handle any medical waste. Our qualified nurses handle 100% of the clinical care—your job is the "care" of the spirit!

How to Apply

If you have a kettle-ready hand and a friendly smile, we want to hear from you!

Register your interest with Jayne Walton by email to jayne.walton@dorsetgp.nhs.uk or call 01202 117370.